

Text and instructions for Dr Helen Fisher's *Why Him? Why Her?* Test

SCALE 1

- I find unpredictable situations exhilarating
- I do things on the spur of the moment
- I get bored when I have to do the same familiar things
- I have a very wide range of interests
- I am more optimistic than most people
- I am more creative than most people
- I am always looking for new experiences
- I am always doing new things
- I am more enthusiastic than most people
- I am willing to take risks to do what I want to do
- I get restless if I have to stay home for any length of time
- My friends would say I am very curious
- I have more energy than most people
- On my time off, I like to be free to do whatever looks fun

SCALE 2

- I think consistent routines keep life orderly and relaxing
- I consider (and reconsider) every option thoroughly before making a plan
- People should behave according to established standards of proper conduct
- I enjoy planning way ahead
- In general, I think it is important to follow rules
- Taking care of my possessions is a high priority for me
- My friends and family would say I have traditional values
- I tend to be meticulous in my duties
- I tend to be cautious, but not fearful
- People should behave in ways that are morally correct
- It is important to respect authority
- I would rather have loyal friends than interesting friends
- Long established customs need to be respected and preserved
- I like to work in a straightforward path toward completing the task

SCALE 3

- I understand complex machines easily
- I enjoy competitive conversations
- I am intrigued by rules and patterns that govern systems
- I am more analytical and logical than most people
- I pursue intellectual topics thoroughly and regularly
- I am able to solve problems without letting emotion get in the way
- I like to figure out how things work
- I am tough-minded
- Debating is a good way to match my wits with others
- I have no trouble making a choice, even when several alternatives seem equally good at first
- When I buy a new machine (like a camera, computer or car), I want to know all of its technical features
- I like to avoid the nuances and say exactly what I mean
- I think it is important to be direct
- When making a decision, I like to stick to the facts rather than be swayed by people's feelings

SCALE 4

- I like to get to know my friends' deepest needs and feelings
- I highly value deep emotional intimacy in my relationships
- Regardless of what is logical, I generally listen to my heart when making important decisions
- I frequently catch myself daydreaming
- I can change my mind easily
- After watching an emotional film, I often still feel moved by it several hours later
- I vividly imagine both wonderful and horrible things happening to me
- I am very sensitive to people's feelings and needs
- I often find myself getting lost in my thoughts during the day
- I feel emotions more deeply than most people
- I have a vivid imagination
- When I wake up from a vivid dream, it takes me a few seconds to return to reality
- When reading, I enjoy it when the writer takes a sidetrack to say something beautiful or meaningful
- I am very empathetic

Total of your answers for Scale 1 and put it at right:

This is how much you have of the Explorer personality type. They are attracted to other Explorers.

Total of your answers for Scale 2 and put it at right:

This is how much you have of the Builder personality type. They are attracted to other Builders.

Total of your answers for Scale 3 and put it at right:

This is how much you have of the Director personality type. They are attracted to Negotiators.

Total of your answers for Scale 4 and put it at right:

This is how much you have of the Negotiator personality type. They are attracted to Directors.

Identify your highest and second highest totals as your “primary” and “secondary” personality types, respectively. Replace those quoted words in the first of two numbered sentences below (keep caps).

Identify the attractions with your “primary” and “secondary” personality types above. Replace those quoted words in the second of two numbered sentences below (keep caps).

1. I am a PRIMARY/Secondary combination.

2. I am most attracted to PRIMARY/Secondary combination, but also those whose personality type is predominantly PRIMARY or Secondary.

Please visit <http://digitalcitizen.ca/y/> to interpret your results. Thank you.